

# Carer's diary

## Information for relatives and carers

The doctors and nurses will have explained to you that your relative is very poorly and close to death and at this time they will closely monitor symptoms and comfort.

The nurses or doctors will review all comfort measures at least every four hours.

If you have any concerns about your relative's symptoms, you should let the staff know immediately. However, if there are other concerns or comments you may wish to make that do not need urgent attention you may like to write them down in this carer's diary.

Although people may be unable to respond, you may have special thoughts, moments or wishes that you would like us to remind your relative of, please feel free to use this diary to identify these thoughts as well.

During their regular reviews the staff will check this diary responding appropriately and share any of your thoughts with your relative when they attend to care.