University Hospitals of Derby and Burton NHS Foundation Trust

Do Not Attempt Cardiopulmonary Resuscitation. (DNAPCR)





It is sad but true, everyone will die eventually.



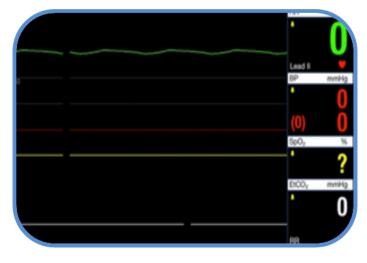
To think about death and dying usually upsets us and makes us feel scared.



If you are poorly it can be helpful to talk about this before you get worse.



People die for different reasons but when we die our heart stops beating.



If your heart stops beating it may sometimes be possible to try to start it again.

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This is called cardiopulmonary resuscitation or CPR.

We may try CPR to see if it will help you.





We will push down hard on your chest lots of times.



And use an oxygen mask to help you breathe.



We may give you an electric shock to try to restart your heart.



CPR does not work every time and it may not fix what made your heart stop.

You may decide you do not want CPR.





Let your doctor know if you think you would not want CPR.



Make sure you talk to your family, friends and carers. You can speak to your doctor with them too.

The final decision about DNACPR is made by your doctor. Your family or carer have a right to be involved and informed.

A form will be filled in saying DNACPR when it's been decided. This form may go with you so everyone knows what to do if your heart stops.





RUSPECT Recommended : Emergency Care	and Treatment for:	Preferred name			ž.	
1. Personal details					2	
Full name		Date of birth		Date completed		
NHS/CHI/Health and care number	,	Address				
					22	
2. Summary of relevant inf	ormation for th	is plan (see a	Iso section 6)		22	
Including diagnosis, communicat	ion needs (e.g. inter	preter, communi				
and reasons for the preferences	and recommendatio	ns recorded.				
					5	
					eSP	
Details of other relevant plannin				ision to Refuse	~	
Treatment, Advance Care Plan).	Also include known	wishes about org	an donation.			
					5	
3. Personal preferences to	guide this plan	(when the pe	rson has capac	ity)	25	
How would you balance the prio	rities for your care (you may mark al			ž	
Prioritise sustaining life, even at the expense of some comfort			Prio	itise comfort, at the expense f sustaining life		
or some connect				f sustaining life		
Considering the above priorities,	what is most impor	tant to you is (op		f sustaining life	Ъ.	
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If you have difficulties making this decision, it may be made in your 'best interests'.



A DNACPR decision will not affect any of your treatment and you will still get the best care and medicines for you condition.



This would then allow a natural peaceful death with your loved ones around you.



If you have any questions please speak to your doctor

Additional information can also be accessed:

"Your guide to decisions about Cardiopulmonary Resuscitation (CPR). Which is the regional patient information leaflet.

Hospital switchboard: 01332 340131 www.uhdb.nhs.uk

Notes/Questions

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