

# ReSPECT to Launch in Derbyshire



From **Tuesday 26 June 2018** the **Re**commended **S**ummary **P**lan for **E**mergency **C**are and **T**reatment (**ReSPECT**) form will be launched across Derbyshire by Chesterfield Royal Hospital (CRH), Royal Derby Hospital and Derbyshire Community Health Services (DCHS).

GP practices will start to see the forms as patients are discharged from hospital and community services. GP practices will be able to use the new forms with patients as they present in surgery. The **ReSPECT** form is patient held and is valid in all health and social care settings.

**Existing DNACPR forms will still be valid and will not be replaced unless there is a change in condition.**

### Things you need to know for implementation

- Your old style forms will still be valid until a new one is produced
- The form summarises the care and treatment recommendations for the person in an emergency
- Page 2 of the form must be completed to ensure it is valid
- The form should travel with the person at all times
- The form is valid in all settings and will be recognised by all professionals eg EMAS, hospitals, care homes
- You must get in the habit of checking both CPR boxes on the form

**A purple form does not always mean DNACPR**

If this box is signed the person is **FOR CPR**      This will be signed if the person is **NOT FOR CPR**

The Local Coroner, the Local Medical Committees (LMC) and all stakeholder organisations support the principles and practice of the **ReSPECT** process and have contributed to ensuring a comprehensive and robust implementation process which provides the necessary safeguards.

## What is it?

**ReSPECT** is a national initiative which documents individualised recommendations for a person's clinical care in emergency situations. The process involves a conversation which:

1. Develops a shared understanding of a person's condition, circumstances and future outlook.
2. Then explores that person's preferences for their care and realistic treatment in the event of a future emergency.

3. It then goes on to make and record agreed clinical recommendations for their care and treatment in a future emergency if they are unable to make choices at the time.

The **ReSPECT form** will eventually replace the need for a DNACPR form but it is important to note **that existing DNACPR forms will still be valid across Derbyshire** and will not be replaced unless there is a review of the patient's care or a change in condition.

### **Who is it for?**

The **ReSPECT** process can be used by anyone but it is especially relevant for people:

- With particular health needs that may involve a sudden deterioration in their health
- With a life limiting condition, such as advanced organ failure, advanced cancer or frailty

### **Support for Primary Care**

- A programme of education events across Derbyshire took place during April and May, including clinical, care home and social care staff.
- There will be on-going training including communication skills beyond the implementation date.
- Each GP practice will be given an education pack consisting of purple **ReSPECT** forms, patient information leaflets, a 'how to' guide, FAQs and a link to the RCUK **ReSPECT** website [www.respectprocess.org.uk](http://www.respectprocess.org.uk) and educational app.

### **Where will practices get the forms?**

GP practices will receive their forms through the local End of Life Facilitators or Macmillan GPs:

#### **North**

Pauline Love, Macmillan GP (NDCCG & HCCG) - [pauline.love@nhs.net](mailto:pauline.love@nhs.net)

Diana Gibson - [diana.gibson@ashgatehospicecare.org.uk](mailto:diana.gibson@ashgatehospicecare.org.uk)

Jill Davies – [jill.davies@ashgatehospicecare.org.uk](mailto:jill.davies@ashgatehospicecare.org.uk)

#### **For further information:**

- 1) CRH – Gemma Cort ([gemma.cort@nhs.net](mailto:gemma.cort@nhs.net)) & Dr Tim Meekings ([timmeekings@nhs.net](mailto:timmeekings@nhs.net))
- 2) DTHFT – David Jones ([david.jones40@nhs.net](mailto:david.jones40@nhs.net)) & Dr Ruth Aldridge ([ruth.aldridge@nhs.net](mailto:ruth.aldridge@nhs.net))
- 3) DCHS: Dr Bola Owolabi ([bola.owolabi@nhs.net](mailto:bola.owolabi@nhs.net)) & Andy Cole ([andycole@nhs.net](mailto:andycole@nhs.net))
- 4) CCG: Steph Austin ([stephanieaustin@nhs.net](mailto:stephanieaustin@nhs.net))